

# The Cherish Cowl



Valenvent has become a much loved event, celebrating all things inspired by love.

The Cherish Cowl is our design for the 2023 Valenvent, which runs from the 1st to the 14th February.

I first designed and knitted this cowl last summer, and found the relaxed nature of the design very helpful when needing to rest and clear my mind.

I love the process of picking out yarns, and this project allows you to choose 10 precious or cherished yarns and knit something beautiful.

You might love bright rainbow colours, moody autumn colours or muted speckles. Wherever your preference lies, this design is the perfect project to express your yarny loves.

I can't wait to see all of your finished cowls!

## YARN

10 x 10g of fingering weight yarn. 10g is approximately 42 metres (46 yards).

My sample was knitted using a selection of mini skeins and leftovers.

## GAUGE

26 stitches and 36 rows to 4 inches (10 cm), washed and blocked measurement in stocking stitch.

## FINISHED DIMENSIONS

24 inches (61 cm) in circumference and 18 inches (46 cm) long.

## ABBREVIATIONS

**k** - knit

**p** - purl

**k2tog** - knit 2 stitches together.

## NOTIONS

3.25mm 16 inch (40 cm) circular needle.

One stitch marker and a tapestry needle.



## DAY 1 - CAST ON AND RIBBING

Using your first choice of yarn, cast on 168 stitches. I used the long-tail cast on method. Place a stitch marker and join for knitting in the round.

**Round 1** - (k2, p2) to end of round.

**Round 2** - (k1, p2, k1) to end of round.

Repeat the above 2 rounds, a further 6 times. Now work round 1, once more (15 rounds total). I was able to knit this number of rounds and have a tiny bit of yarn left, but you can do a round less or more if you need to.

Cut your yarn, leaving a tail to weave in.

## DAY 2

With your next choice of yarn, knit all stitches on every round. Continue knitting until you finish the entire 10g of yarn. You can stop at any point in the round, leaving a tail for weaving in.

## DAYS 3 TO 8

Repeat the instructions for Day 2.

## DAY 9

Repeat the instructions for Day 2, but with this final stocking stitch section you need to complete it at the end of a round. You can use a weighing scale to help you maximise your yarn usage.

## DAY 10 - BOTTOM RIBBING

Using your final yarn, work the following :-

**Round 1** - (k2, p2) to end of round.

**Round 2** - (k1, p2, k1) to end of round.

Repeat the above 2 rounds a further 6 times, and then work round 1 once more (or to match your top ribbing if a different number of rounds was worked). This should leave you with enough yarn to bind off, but if you feel you're running short then you can stop your ribbing a round early.



## BIND OFF

I like to use a bind off that will mirror the elasticity of the long-tail cast on edge. I've found the following method works really well.

**\*k2tog through the back loops and then pass the decreased stitch back to your left needle\***. Repeat from **\*** to **\*** until 1 stitch remains. Cut your yarn leaving a tail to weave in. Thread your tail end onto a tapestry needle and then insert this through the final stitch, from front to back. Tighten up your yarn and you are done !

You can now weave in all of your tail ends and then wash and block your lovely cowl.

