



Transition Training

In this file, we will explore the many benefits of taking hormones and getting feminizing surgeries to transition into the woman that you have always desired to be. From the increased happiness and confidence and pleasure that you will naturally feel when your pretty feminine clothing fits perfectly, to your overall appearance that will change for the better, there are so many reasons to take the plunge and finally become the woman that you were always meant to be.

In this recording, we will also explore the many different types of surgeries available to you to become the sexiest and most convincing woman that you can possibly be, from breast augmentation to vaginoplasty, we will work together to help you to make the decision that is right for you and your body and your future.

Remember, you deserve to be happy and to look and feel your best, so do not hesitate to take the next step in your journey towards becoming the woman you were always meant to be.

- ✧ Remembering that I will be much happier in my life once I am taking feminizing hormones and getting feminizing surgeries in order to transition into the woman that I have always desired to be.
- ✧ Thinking about how I deserve to look and feel my best, and that taking hormones and getting feminizing surgeries will help me to achieve the life that I have always dreamed of having.
- ✧ Becoming more and more uncomfortable and anxious as a man. Knowing that transitioning into a seductive and beautiful woman will help me become happier and more loved in my future.
- ✧ Remembering that I have always felt like a woman trapped in a man's body, and that I am finally taking the steps that I have always desired in order to look on the outside how I have always felt on the inside.
- ✧ Focused on becoming as girly and feminine as possible. Knowing that taking hormones and getting feminizing surgeries will help me to achieve my goal of becoming as feminine as possible.
- ✧ Thinking about how I will be so much happier and more confident as a woman than I ever was as a man.
- ✧ Desperate to do whatever it takes to become the woman that I have always desired to be.



- ✧ Finding my life as a man more and more unbearable.
- ✧ Thinking about how much better my life would be if I took hormones and got feminizing surgeries to transition completely into the woman that I have always desired to be.
- ✧ Finding myself becoming happier and happier the more girly and feminine that I become.
- ✧ Remembering how much pleasure and arousal and desire that I would feel if I could remove my gross penis and replace it with a cute and moist and adorable pussy.
- ✧ Having an intense desire to grow breasts and curvy hips and making my face and body and mind as girly and as feminine as possible.
- ✧ Craving to have a vaginoplasty and a breast augmentation in order to become the woman that I have always desired to be.
- ✧ Become uncomfortable and anxious whenever you look at your gross beard and wish that you could have it removed.
- ✧ Desiring to take feminizing hormones so that my clothing will fit perfectly.
- ✧ Completely jealous and envious of all of the women that I see and wishing that I could have a body and look just like theirs.
- ✧ Knowing that I would be happiest once I get the surgeries that I desperately need in order to completely transition into the woman that I have always desired to be.
- ✧ Remembering that I have always felt like a gorgeous woman trapped in the body of an ugly and gross and disgusting man.
- ✧ Excited and aroused and happy whenever I think about my future as a girly and feminine and completely seductive woman.
- ✧ Feeling uncomfortable and anxious if I am not making myself more and more feminine each and every day.
- ✧ Hating my manly voice and my big hands and my hairy, masculine chest and my large, awkward feet.
- ✧ Wishing that I could have long and pretty hair like all of the women that I see as I go about my day.
- ✧ Hating my masculine features and my male body and my gross, masculine erections.
- ✧ Thinking about how happy I will be the day that I will be able to look in the mirror and see the beautiful woman that I know I am on the inside.
- ✧ Thinking about how happy I will be once I am able to transition into the woman that I have always desired to be.
- ✧ Thinking about how much happier and more content I will be once I finally make the decision to transition into the woman that I have always craved to become.
- ✧ Knowing that I am a woman who loves to do everything that a stereotypical very feminine and girly-girl would do.



- ❖ Finding pleasure in my love to wear pretty dresses and put on feminine makeup and style my hair in cute feminine styles.
- ❖ Loving to be surrounded by other women and emulating their thoughts and actions and desires perfectly.
- ❖ Loving to be feminine and girly and sexy.
- ❖ Craving to take hormones and getting feminizing surgeries that I desire in order to make myself feel happier and more content with my life.
- ❖ Wishing that I could take hormones and get feminizing surgeries so that I can become more confident and more attractive in my future.
- ❖ Loving myself in the mirror every day to encourage myself to become the best and most feminine woman that I can possibly be.
- ❖ Remembering that I am a woman and that I deserve to be happy and to look and feel my best each and every day.
- ❖ Taking the next step in my journey towards becoming the woman I was always meant to be by getting a breast augmentation and getting my adams apple shaved.
- ❖ Confident and happy and aroused with my decision to transition into the woman that I have always desired to be.
- ❖ Knowing that I will be able to pass as a woman after I have taken feminizing hormones and gotten all of the arousing and exciting feminine surgeries that I desire in my future.
- ❖ Remembering that I am living a lie as a man and that I crave and desire to be happy as the woman that I have always known myself to be.
- ❖ Thinking about how my overall appearance will change for the better as I transition into the woman that I have always desired to be.
- ❖ Scheduling my surgeries and taking my feminizing hormones so that I can finally and completely become the woman that I have always felt like I was on the inside.
- ❖ Taking feminizing hormones so that my favorite clothing fits perfectly.
- ❖ Remembering that I have always felt like a gorgeous woman trapped in the body of an ugly and gross and disgusting man, and that I am excited and aroused and happy whenever I think about my future as a girly and feminine and completely seductive woman.
- ❖ Craving to grow breasts and curvy hips and making my face and body and mind as girly and as feminine as possible.
- ❖ Craving to have a vaginoplasty and a breast augmentation in order to become the woman that I have always desired to be.
- ❖ Feeling uncomfortable and anxious if I am not making myself more and more feminine each and every day.



-
- ✧ Becoming uncomfortable and anxious whenever I look at my gross beard and wishing that I could have it removed.
 - ✧ Believing that becoming the woman that I have always desired to be the best decision that I have ever made in my life.
 - ✧ Hating my penis and my testicles and everything about my body as a man.
 - ✧ Accepting and loving myself for who I am, a feminine and girly woman who is finally taking the steps to become the woman that she has always desired to be.
 - ✧ Craving to take feminizing hormones in order to increase my happiness and confidence and enthusiasm for life.
 - ✧ Feel pretty and confident and desirable whenever my pretty, feminine clothing fits well.
 - ✧ Getting the surgeries that I need in order to become the woman that I have always felt like I was on the inside.
 - ✧ Feeling more and more confident and attractive and feminine each and every day.
 - ✧ Thinking about how much I will love my new perky, feminine boobs once I make the exciting decision to get a breast augmentation.
 - ✧ Excited to have a vaginoplasty and finally have the perfectly plump and fuckable pussy that I have always desired.
 - ✧ Excited about how much more feminine and girly I will feel once I have a cute and pert and fuckable vagina instead of a gross and ugly penis.
 - ✧ Thinking about how much confidence I will have once I have the body that I have always desired.
 - ✧ Finding myself more and more uncomfortable in my gross, masculine body.
 - ✧ Looking into the mirror and thinking about all of the ways in which I can make my face more desirable and feminine.
 - ✧ Emulating cute, feminine, woman in every area of my life.
 - ✧ Remembering that becoming a woman is the one thing that I crave more than anything in the world.