



Shopping Addict

Have you ever found yourself craving to be the beautiful fashionista who seems to have an endless wardrobe filled with beautiful clothing and accessories and shoes? Do you desire to follow and keep up with the latest trends? Are you aroused by the idea of looking flawless and fashionable each and every day of your life? The answer is to develop a completely pleasurable and erotic addiction to shopping.

Listen, in this fun lifestyle subliminal, as I gently guide you towards becoming more and more obsessed with surrounding yourself with the things that make you happy. Learn to equate pleasure with buying and find yourself unconsciously opening up your increasingly addictive shopping apps whenever you have free time. Fill your wardrobe with outfits for every season, shoes in every color, bags, hats, hosiery. Surround yourself in decor, picture frames, pillows and scented candles. Find yourself needing more to buy as your completely erotic addiction grows.

Treat yourself to a little bit of retail therapy, make a new wishlist, or buy something off of mine and begin to feel the thrill of becoming a *Shopping Addict*.

- ✧ Making wish lists of all the things I want to buy, so that I do not get nervous or worried or anxious that I forgot anything.
- ✧ Going to my favorite online stores whenever I am feeling bored or tired or sad.
- ✧ Needing to shop online in order to feel comfortable and relaxed and wind down from my stressful day.
- ✧ Using multiple shopping apps on my phone in order to find the perfect items to buy.
- ✧ Feeling bored and uninterested and uncomfortable whenever I am not shopping.
- ✧ Feeling a rush of pleasure and arousal whenever I think about buying things for the dominant people that I love to serve.
- ✧ Feeling stressed and uncomfortable and bored whenever I am not shopping
- ✧ Feeling a rush of thrill and happiness and pleasure whenever I buy something new.
- ✧ Knowing that shopping and buying new things will always help me feel relaxed and soothed and loved.
- ✧ Craving to treat myself to some retail therapy in order to feel happy and satisfied and fulfilled.
- ✧ Needing to buy the same clothing and accessories of all my favorite, adorable idols in order to feel beautiful and trendy and fashionable.



- ✧ Fantasizing about walking through the mall with multiple trendy shopping bags in my hands filled with my newly purchased items.
- ✧ Knowing that I will receive the approval and validation and love that I crave whenever I am surrounded by the new things that I buy.
- ✧ Feeling comfortable and relaxed and happy whenever I am shopping.
- ✧ Shopping at my favorite stores at least once a week in order to feel happy and satisfied in my life.
- ✧ Feeling happy and relaxed and comfortable whenever I walk into a store and I see all of the things that will make me feel adorable and loved and satisfied ready for purchase.
- ✧ Needing everything that I own to be brand new in order to feel satisfied and content and loved in my life.
- ✧ Knowing that I need to shop in order to alleviate any stress and discomfort and unhappiness that I am feeling in my life.
- ✧ Feeling comforted and happy and loved whenever I make a purchase.
- ✧ Feeling a wave of happiness and excitement and love whenever I use my money to buy things for others.
- ✧ Imagining myself wearing the clothing of each and every well dressed stranger that I see.
- ✧ Craving the attention of my loved ones complimenting that new items that I have bought them.
- ✧ Feeling happy and loved and comforted whenever someone compliments my personal style.
- ✧ Seeing something that I like and immediately feeling an overwhelming urge to purchase it.
- ✧ Needing to own each and every item that brings me joy when I look at it.
- ✧ Fantasizing about my wardrobe being large and trendy and adorable.
- ✧ Feeling authentic and aroused and happy whenever I am shopping.
- ✧ Feeling satisfied and fulfilled and loved whenever I am looking at items to buy.
- ✧ Loving the feeling of running my fingers across racks of soft, beautiful clothing at the store.
- ✧ Preferring the way I look in brand new clothes.
- ✧ Needing to shop each and every day in order to feel satisfied in my life.
- ✧ Scrolling through my wishlist items before I go to bed each and every night.
- ✧ Fantasizing about shopping all day with my best friends.
- ✧ Imagining how happy I would be if I had enough money to shop whenever I desired.
- ✧ Spending all of my free time shopping online.
- ✧ Automatically looking at my shopping apps whenever I am bored or alone.



- ✧ Shopping online whenever I look at my phone.
- ✧ Anxious and nervous unless I am checking my favorite stores for sales and deals.
- ✧ Showing off all of my new purchases to my friends and family.
- ✧ Obsessed with owning all of the latest fashion trends.
- ✧ Filling my home with the beautiful, trendy necessities that I have purchased.
- ✧ Feeling excited and happy and confident whenever I am shopping at the store.
- ✧ Feeling excited and aroused and loved whenever a package comes for me in the mail.
- ✧ Remembering that opening packages has felt like opening a gift on my birthday.
- ✧ Feeling loved and adored and cherished whenever I am shopping.
- ✧ Feeling happy and excited and loved whenever I find something to buy for my closest friends and family.
- ✧ Expressing my love for my friends and family by shopping and buying them things they would like.
- ✧ Feeling confident and satisfied and at peace whenever I am purchasing items for others.
- ✧ Feeling popular and elegant and fashionable whenever I am shopping for trendy clothing.
- ✧ Shopping online for things to buy whenever I am bored.
- ✧ Feeling a rush of pleasure whenever I spend money.
- ✧ Touching myself erotically whenever I am shopping online.
- ✧ Hating to own money, and knowing that I will always be more satisfied once I have traded my money for the items that I love to buy.
- ✧ Feeling happy and fulfilled and satisfied whenever I am in the checkout line at my favorite store.
- ✧ Shopping online each and every day in order to keep up with the latest fashions and trends.
- ✧ Knowing that shopping will make me feel loved and relaxed and comforted.
- ✧ Instantly feeling a wave of relaxation and happiness whenever I walk into my favorite store.
- ✧ Knowing that I feel happiest whenever I am adding items to my shopping cart.
- ✧ Knowing that I feel happiest whenever I am buying things.
- ✧ Feeling happy and excited and fulfilled whenever my family and friends love the gifts that I buy for them.
- ✧ Excited to use each and every new item that I buy.