

HANNAH'S STORY

CHAPTER 1

GYM ENCOUNTER!



ONE VERY LATE NIGHT IN AN APARTMENT BUILDING
NOT TOO FAR FROM THE CITY CENTER.

HUH?
WOW! WHO'S
THAT?



I MEAN JESUS! AM I
DREAMING?! SHE'S SO
MUSCULAR!

GAIN POWER



WAIT, IS SHE JUST
IGNORING ME? OR
DIDN'T SHE SEE ME?



IF SHE SEES ME NOW
SHE'LL THINK I'M A ABSOLUTE
CREEP STARING AT HER IN
SILENCE!






OH MY GOD! THE
LONGER I WAIT THE
MORE AWKWARD THIS
IS GOING TO BE!

I JUST
NEED TO MAKE
SOME NOISE SO
SHE KNOWS I'M
HERE!

COUGH

HUH?

**OOH MY GOD
RICK! WHAT THE FUCK
ARE YOU DOING?! STOP
STARING AT HER WHILE
DOING IT!**



NOW SHE'S GOING TO
THINK I WAS UPSET WITH
HER OR SOMETHING!

OKAY.. PLAY
IT COOL!

JESUS
CHRIST SHE'S
SO HOT!



HEY! SORRY! I
DIDN'T THINK THERE'D
BE ANYONE HERE THIS
LATE!

I'M HANNAH! I
JUST MOVED INTO
THE PENTHOUSE ON
THE TOP FLOOR!

Y-YEAH..

HMM?



I- I MEAN I'M RICK!

OH MY GOD..

NICE TO MEET YOU RICK!

IT'S REALLY COOL THAT THERE'S A PRIVATE GYM IN THIS BUILDING!

YEAH! YOU GO TO THE GYM A LOT!



YEAH, I DO!
THAT OBVIOUS
HUH?

OOH MY GOD
WHAT THE FUCK DID I
SAY THAT FOR?!

YEAH, I MEAN.. I
DIDN'T..



I, I MEAN THEY'RE
REALLY BIG.

HMM--?

OH MY GOD
RICK JUST STOP
TALKING..



WHAT'S REALLY
BIG?

B-BOTH OF
THEM!

...
JUST KILL
ME..

A muscular blonde woman with blue eyes, wearing a purple sports bra with black trim, is looking at a man whose back is to the camera. The man is wearing a blue tank top. The scene is set in a gym with a grey wall and a bright light source in the background. Three speech bubbles are overlaid on the image, containing dialogue between the characters.

YOU OKAY
THERE RICK?

I- I MEANT TO
SAY, I BET YOU CAN
LIFT A LOT!

.....
THIS IS
DISASTROUS..



WELL HOW ABOUT I
SHOW YOU?

S-SHOW
ME WHAT?



HOW MUCH I
CAN LIFT OF
COURSE!



Y-YEAH!



THIS'LL
DO!

YOU NEED SOME
HELP WITH GETTING IT
TO THE BENCH? IT'S
PRETTY-

HEAVY..

HMM?

OOH! NO
THANKS, I CAN
CURL THIS!



HOW? THAT'S
150 KG*!?! THAT'S
CRAZY!

HA! I'LL
CONSIDER THAT A
COMPLIMENT!

330 LBS



THIS ISN'T EVEN
THAT HEAVY!

THAT'S
AMAZING..



YOU'LL
MAKE ME
BLUSH!

DON'T BE SORRY! IT'S NICE
TO MEET YOU RICK! BUT I DID JUST
COME TO QUICKLY CHECK THIS
PLACE OUT!

SORRY..



WE'RE
NEIGHBOURS NOW! I'M
SURE WE'LL SEE EACH
OTHER AROUND! SEE
YA!

YEAH..

GOOD JOB
RICK! YOU
FUCKED UP..


I MEAN IT HAPPENS VERY OFTEN, BUT IT'S SOMETIMES STILL A LITTLE FLATTERING WHEN PEOPLE CAN'T KEEP THEIR EYES OF ME!





.....

IT'S NICE TO BE IN
A NEW CITY, A NEW
START. I NEEDED
THAT.



NOW A SHOWER,
TO BED, AND THEN
TOMORROW I'LL GET
INTO THE CITY!



AAAH--

A close-up, low-angle shot of a woman with long, wavy, wet hair in a shower. She is looking upwards with her eyes closed and a slight smile, enjoying the water. The scene is lit with warm, golden light, creating a soft, intimate atmosphere. Water droplets are visible on her skin and hair. A thought bubble is positioned to the left of her head, containing the text "JUST WHAT I NEEDED..".

JUST
WHAT I
NEEDED..



THERE WE GO!

WELL
LET'S GET
TO BED...

HUH?

BEEP!

BEEP!





HELLO?

HEY UUH, IT'S RICK, FROM THE GYM JUST NOW. I THINK YOU FORGOT YOUR TOWEL THERE! I'VE GOT IT HERE!

OOH? OKAY! COME ON UP! I'LL OPEN THE ELEVATOR!



BETTER PUT ON
AT LEAST SOME
CLOTHING BEFORE HE
GETS HERE..




HEY RICK!

AAH..




YOU DROPPED
SOMETHING..

YEAH..



I-I MEAN, I THINK
YOU LEFT YOUR TOWEL
IN THE GYM!


A muscular woman with blonde hair tied up, wearing a red lace bikini, is shown from the waist up. She is looking towards a man whose back and shoulder are visible on the left side of the frame. The scene is set in a brightly lit room, possibly a gym or a locker room, with a white wall and a grey ceiling. Two speech bubbles are present: one from the woman and one from the man.

HMM, NO. DON'T
THINK THAT'S MINE!
DIDN'T HAVE A TOWEL
WITH ME!

R-RIGHT..

WELL... I ACTUALLY CAME
HERE TO ASK IF YOU'D MAYBE LIKE
TO COME WITH TO THE POOL
TOMORROW? I'M MEETING SOME
FRIENDS THERE AROUND
NOON.





DO YOU OFTEN
MAKE UP SILLY LIES
JUST TO ASK PEOPLE
TO GO TO THE POOL
WITH YOU?

EEH NO. I'M
SORRY. I JUST
THOUGHT YOU'RE NEW
IN THE CITY AND ALL SO
YOU COULD MAYBE
MEET SOME
PEOPLE..

HMM. GIVE ME
THE ADDRESS AND
MAYBE I'LL COME! BUT
I'M NOT PROMISING
ANYTHING!

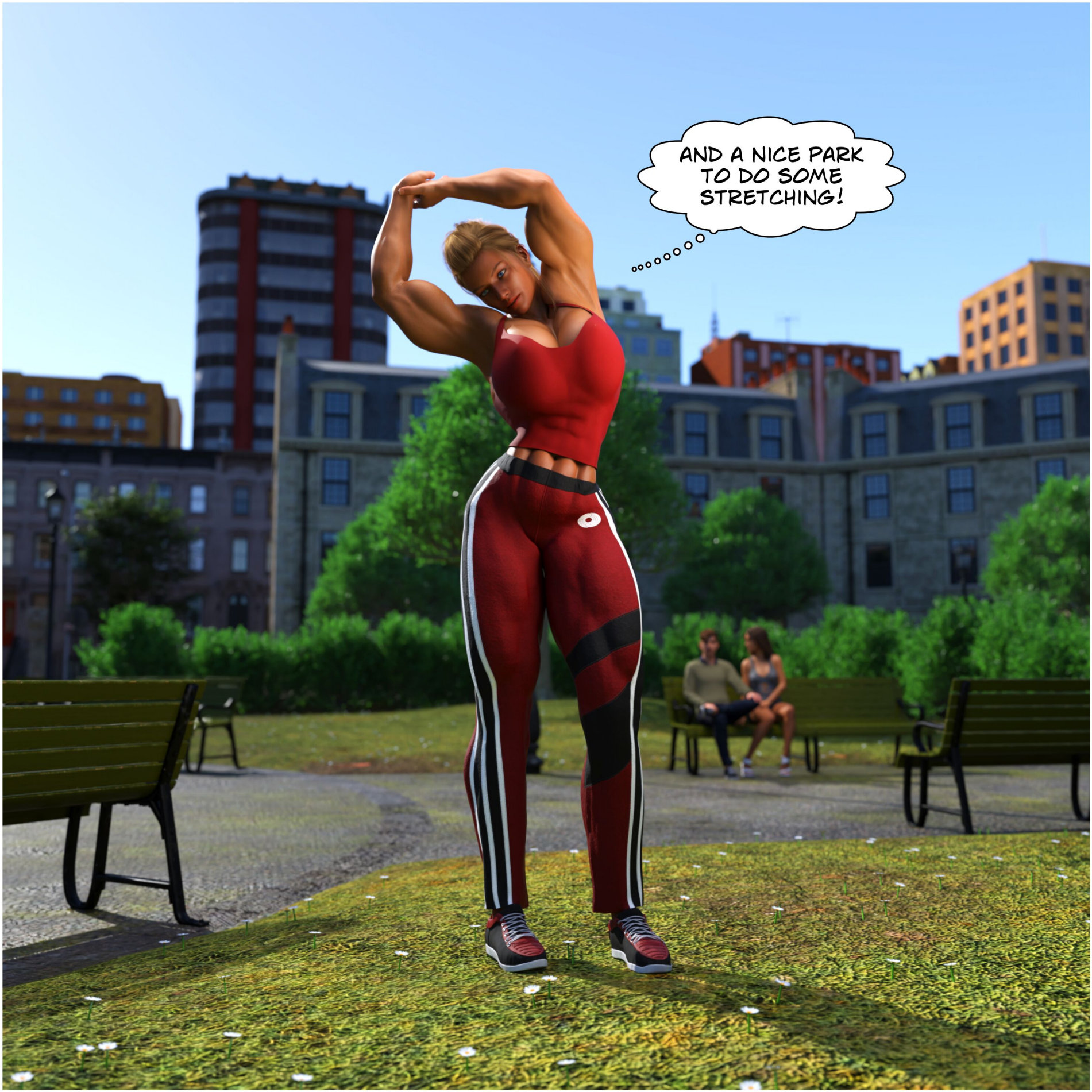


*THE NEXT MORNING HANNAH
WENT ON HER MORNING RUN--*





IT'S SUCH A NICE
NEIGHBORHOOD!



AND A NICE PARK
TO DO SOME
STRETCHING!

AND NICE WEATHER.



WHAT MORE CAN A
GIRL WANT?!





PERHAPS A
FEW HOURS AT
THE POOL?

WELL LET'S FIRST
GET MY WORKOUT
DONE..

A muscular woman with blonde hair in a ponytail is standing in a gym, looking down at her abdomen. She is shirtless and has very defined muscles. The gym is modern with large windows overlooking a city skyline. There is a brown leather sofa on the left, a white coffee table in the foreground, and various gym equipment like a barbell and dumbbells in the background. A thought bubble above her head contains the text: "ALRIGHT, LET'S SEE. IT'S SATURDAY RIGHT?".

ALRIGHT, LET'S
SEE. IT'S SATURDAY
RIGHT?

06/2023

	Record	Sets
Bench Press	940 kg / 2070 lbs	500 kg / 1100 lbs
Squats	1120 kg / 2470 lbs	700 kg / 1540 lbs
Deadlift	1060 kg / 2340 lbs	600 kg / 1320 lbs
BB curl	270 kg / 595 lbs	220 kg / 485 lbs
DB curl	170 kg / 375 lbs	120 kg / 265 lbs
Leg Press	1990 kg / 4390 lbs	1200 kg / 2640 lbs

I'VE BEEN SLACKING A LITTLE WITH ALL THIS MOVING!

TEN SHORT! 😞

Find gym or buy leg press!

Monday: Cardio / Upper Body

Tuesday: Legs! Legs! More legs!

Wednesday: Rest, or legs!

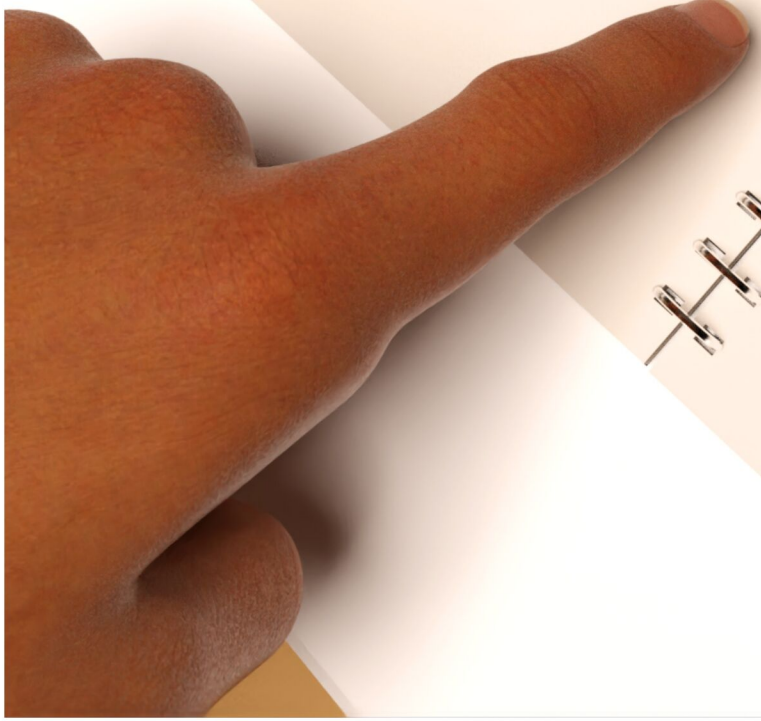
Thursday: Upper Body

Friday: Core / Glutes

Saturday: Cardio / Upper Body

Sunday: Nothing?

Food:
Fuck it I just moved let me have something!





OK, LET'S GO!

A highly muscular woman with blonde hair in a ponytail is shown from a rear three-quarter view, performing a seated bicep curl. She is holding a large black weight plate with a silver center and a white bunny-ear-shaped logo. She is sitting on a grey towel-covered bench. The gym setting includes a window with a view of a city, a bookshelf with colorful books, and a speaker. A thought bubble above her head contains the text "ONE..".

ONE..



TWELVE..

AAAH--
ALMOST.

TWENTY
FIVE!



A highly muscular woman with a very low body fat percentage is performing a bench press in a gym. She is lying on a bench, holding a barbell with weights. Her physique is extremely defined, with prominent muscles in her chest, arms, and legs. The gym has large windows in the background showing a city skyline. A speech bubble above her head contains the text "PFF, I FELT THAT..".

PFF, I FELT THAT..

A photograph of a person's muscular back, viewed from behind. Two whole oranges are placed on the person's buttocks. The person is lying on a white towel on a gym floor. In the background, a modern gym interior is visible with white chairs, tables, and pendant lights. A speech bubble is positioned above the oranges, containing the text "ENOUGH RESTING HANNAH, COME ON." with a vertical line of dots leading down to the oranges.

ENOUGH
RESTING HANNAH,
COME ON.



HNNGG..



ONE!



TWENTY
FOUR..



AAAH-- ONE
MORE!



TWENTY FIVE!



OUCH--

A highly detailed digital illustration of a blonde woman with extreme muscle mass, sitting on a gym bench. She has a very muscular physique, with prominent pectorals, a well-defined abdominal core, and large, rounded thighs. Her skin is glistening with sweat. She has a determined expression. A speech bubble above her head contains the text "OK, LITTLE REST AND THEN ON!". The background shows a modern gym with large windows, a barbell on a rack, and other exercise equipment.

OK, LITTLE
REST AND THEN
ON!



.....
I'LL JUST HAVE
TO GET INTO THE
SWING OF THINGS
AGAIN!

A highly muscular woman with blonde hair tied up is performing an overhead press with a barbell in a gym. She is wearing a white sports bra and has a very low body fat percentage, showcasing extreme muscle definition. The barbell is white with black weight plates. The gym has large windows in the background, showing a cityscape under a clear blue sky. A speech bubble is positioned above her head.

LET'S
PUMP SOME
BICEPS!



TWENTY
TWO!



ALMOST
THERE!



FOURTY!

PFFF!


STILL GOT IT
THOUGH! LOOK AT
THESE!





.....
WHAT AM I GONNA
DO THIS AFTERNOON
THOUGH?

.....
EITHER
EXPLORE THE CITY
OR JOIN RICK AT THE
POOL I GUESS.


A highly muscular woman with blonde hair is sitting on a black gym bench in a modern home gym. She is looking to her left. The gym is well-lit with large windows in the background showing a cityscape. There are bookshelves with books and a large speaker to the right. A barbell with weights is on the floor in the foreground.

I MEAN IT'S GREAT WEATHER. I'D LOVE TO GO TO THE POOL. BUT WHO ARE HIS FRIENDS THOUGH? I DON'T WANT TO BE STUCK WITH SOME GUYS JUST DROOLING OVER ME ALL AFTERNOON.

OK, YOU KNOW WHAT? I'LL JUST GO THERE, IF IT'S FUN IT'S FUN. IF NOT I'LL JUST EXCUSE MYSELF. I'M SURE HE'LL UNDERSTAND! OR I'LL JUST HAVE A PISSED NEIGHBOUR..

A highly muscular woman with blonde hair in a ponytail is shown from the back, wearing a black bikini. She is standing in a modern bathroom, looking at her reflection in a large mirror. The mirror shows her from the front, highlighting her extreme muscle definition. On the bathroom counter in front of the mirror, there are various toiletries including a pink bottle of 'FIZ' body cream, a red bottle of 'FIZ' body cream, a white bottle of 'FIZ' body cream, a small jar, a brush, and a perfume bottle. The floor is tiled with large grey tiles and white grout. The lighting is bright and even, emphasizing the contours of her muscles.

NOW THE BIGGEST QUESTION THOUGH! WHAT TO WEAR? THIS MIGHT BE A LITTLE TOO REVEALING.

A highly muscular woman with blonde hair in a ponytail, wearing a red bikini, stands in a modern bathroom. She is looking at her reflection in a large mirror. The bathroom features a dark vanity with two white sinks and various toiletries. The lighting is bright and warm, highlighting her physique. A thought bubble above her head contains the text: "HMM, I LIKE IT. BUT STILL. I CAN JUST FEEL THEIR EYES ON MY ABS ALREADY!".

HMM, I LIKE IT.
BUT STILL. I CAN JUST
FEEL THEIR EYES ON MY
ABS ALREADY!

A bodybuilder with a very muscular physique is shown from the back, wearing a red one-piece swimsuit with white trim. She is standing in a modern bathroom, looking at her reflection in a large mirror. Her hair is pulled up in a ponytail, and she has her hands behind her head. The bathroom features a dark vanity with two white sinks and various toiletries. The lighting is bright and warm, highlighting the contours of her muscles.

PERFECT! NOT TOO
REVEALING! I'M GIVING
MYSELF BAYWATCH VIBES!





LET'S
GET TO THE
POOL!

THE END!